ABSTRACT OF THE DISCLOSURE

A system is described for controlling co-scheduling of processes in a computer comprising at least one process and a spin daemon. The process, when it is waiting for a flag to change condition, transmits a flag monitor request to the spin daemon and enables itself to be de-scheduled. The spin daemon, after receiving a flag monitor request, monitors the flag and, after the flag changes condition, enables the process to be re-scheduled for execution by the computer. Since the spin daemon can monitor flags for a number of processes, the ones of the processes that are waiting will not need to be executed, allowing other processes that are not just waiting to be processed more often.